Shoulder Physical Exam Validity Trial

Patient ID Number

Investigator

Patient #

Patient Initials

Date

DD MM YYYY

Surgical Evaluation

1. Anterior Labrum

1.1 Please describe the anterior labrum using the following descriptors

☐ Normal appearing labrum

☐ Degenerative

☐ Torn (soft tissue Bankart lesion)

☐ Bony Bankart lesion
  ☐ <10% off of glenoid
  ☐ 10-25% off of glenoid
  ☐ >25% off of glenoid

2. Posterior Labrum

2.1 Please describe the posterior labrum using the following descriptors

☐ Normal appearing labrum

☐ Degenerative

☐ Torn (Reverse Bankart lesion)

3. Cartilage

3.1 Please describe the glenoid cartilage using the following descriptors

☐ Normal

☐ Grade I (mild cartilage fibrillation)

☐ Grade II (significant fibrillation but not to bone)

☐ Grade III (fibrillation to bone)

☐ Grade IV (exposed subchondral bone)

3.2 If not Normal, please describe the size of the lesion

Width

Length

3.3 Please describe the humeral head cartilage using the following descriptors

☐ Normal

☐ Grade I (mild cartilage fibrillation)

☐ Grade II (significant fibrillation but not to bone)

☐ Grade III (fibrillation to bone)

☐ Grade IV (exposed subchondral bone)

3.4 If not Normal, please describe the size of the lesion

Width

Length

3.5 Please describe whether there is a Hill Sachs lesion

☐ Present

☐ Absent

3.6 If Present, please describe the size of the lesion

Width

Depth

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