Triage to determine participant eligibility

Initial assessment; Informed consent; Application of baseline questionnaires

Allergy test

Randomisation
n=148

Guideline-Endorsed Conventional Physiotherapy
n=74

Pain, Disability, Global Perceived Effect and Satisfaction with Treatment

Pain, Disability, Global Perceived Effect

Participant Allocation

Guideline-Endorsed Conventional Physiotherapy plus Kinesio Taping
n=74

Pain, Disability, Global Perceived Effect and Satisfaction with Treatment

5-week follow-up

3-month follow-up

6-month follow-up

Pain, Disability, Global Perceived Effect