Adolescents with self-reported knee pain (n=724)

Not included in the data analysis (n=220)
- Not meeting inclusion criteria (n=54)
- Did not reveal telephone number (n=60)
- Did not answer the telephone (n=106)

Included in the data analysis (n=504)

Sought medical care
- Traumatic onset (n=158)
  - Sought medical care (n=111)

- Insidious onset (n=346)
  - Sought medical care (n=186)

Currently under treatment (n=41)
- Exercises (n=25)
- Foot or knee orthotics (n=7)
- Exercise and orthotics (n=1)
- Surgery and post-operative exercises (n=8)
- NSAID and advice on activity modification from their general practitioner (n=0)

Currently under treatment (n=47)
- Exercises (n=25)
- Foot or knee orthotics (n=6)
- Exercises and orthotics (n=9)
- Surgery and post-operative exercises (n=4)
- NSAID and advice on activity modification from their general practitioner (n=3)