Figure 1: Flowchart of procedures

Initial number of participants with NSLBP (n=51)

Session 1  
1) Physical examination  
2) COP measurement  
3) Therapeutic intervention

n=51 (100%)

Session 2
1) Physical examination  
2) COP measurement  
3) Therapeutic intervention

n=51 (100%)

Loss to follow-up  
13 (25%)
Reasons:
- Referral to medical specialist (n=2)  
- Significant pain relief prior to completion (n=3)  
- Unwillingness to participate in measurements (n=8)

Session 3  
1) Physical examination  
2) COP measurement  
3) Therapeutic intervention

n=38 (75%)

Healthy controls (n=38)

Statistical analysis