Figure 1. Trial design and patient flow

Referral to pain clinic of patients with mechanical low back pain

Informed consent, baseline measurement

Facet joint pain
- Diagnostic test
  - Positive: Multidisc. pain program + M.I.P.
  - Negative: Multidisc. pain program

Disc pain
- Diagnostic test
  - Positive: Multidisc. pain program + M.I.P.
  - Negative: Multidisc. pain program

SI pain
- Diagnostic test
  - Positive: Multidisc. pain program + M.I.P.
  - Negative: Multidisc. pain program

Combination
- R

Follow-up measurements after 3 and 6 weeks: difference in pain and perceived improvement
Follow-up measurements after 3, 6, 9, and 12 months: difference in pain, perceived improvement, recovery, pain, function, quality of life, and patient satisfaction

*Abbreviations: multidisc. pain program: multidisciplinary pain program; M.I.P.: minimal interventional procedures