All adults aged 18 years and over registered with 30 general practices in West Midlands

Phase 1: Mailed Baseline Survey Questionnaire

Respondents to Baseline Survey Questionnaire

Consent for further contact

Phase 2: Medical Record review

Phase 3: Mailed 6-month Follow-up Survey

Losses to follow-up

Phase 4: Mailed 12-month Follow-up Survey

Losses to follow-up

Phase 5: Mailed 24-month Follow-up Survey

Losses to follow-up

Phase 6: Mailed 36-month Follow-up Survey