210 eligible patients:
- 45 years or older
- Comply with ACR criteria hip OA
- Informed consent

Baseline measurement:
- Demographic data
- Pain and function
- Physical examination
- X-ray

Randomisation (n = 210)

GP care + exercise therapy (n = 105)

GP care (n = 105)

Measurements at 6 weeks and at 3, 6, 9 and 12 months:
- Pain and function
- Perceived recovery
- Costs
- Co-interventions
- Compliance

Data-analysis:
- Intention-to-treat analysis
- Per-protocol analysis
- Subgroups analysis
- Economic evaluation