Attendees at the CAS(K) 6-year follow-up study screened for impairment measures and exclusion criteria

Potential participant satisfies the criterion for at least one of the impairments?
  Yes
  No ➔ EXCLUDE

Potential participant satisfies one or more of exclusion criteria?
  Yes ➔ EXCLUDE
  No

Clinic co-ordinator briefly explains what the study entails, provides information leaflet and seeks verbal consent for a research nurse to telephone to discuss the study further

Potential participant agrees to be contacted by telephone?
  Yes
  No ➔ STOP

Research nurse successfully contacts potential participant by telephone?
  Yes
  No ➔ STOP

Research nurse telephones potential participant to discuss the study further

Potential participant willing and able to commit to daily formal exercises, weekly physiotherapist contact and nurse visits?
  Yes
  No ➔ STOP

Research nurse visits potential participant to obtain written informed consent and take baseline impairment and disability measures.