First consult; Patient with shoulder problems presenting in physical therapy practice

Patient does not meet the inclusion criteria

Excluded

Examination by the physical therapist

Patient meets the inclusion criteria

Physical therapist informs patient about the study and checks interest

Physical therapist informs the investigator

Excluded if no consent is given

Second consult; Patient signs informed consent and completes baseline questionnaires

Investigator informs the general practitioner of the patient

Randomization (n = 140)

Usual physical therapy care in combination with tape (n = 70)

Usual physical therapy care (n = 70)

Follow-up measurements at 4, 12 and 26 weeks