# of records identified through database searching = 128 (Pubmed, EMBASE and the Cochrane Library)

# of records identified through other sources = 5 (bibliography of shortlisted articles, web-search in Google)

Number of records after duplicates removed = 128

# of records screened on the basis of title and abstract = 128

# of full-text articles assessed for eligibility = 9

# of full-text articles excluded = 7
  Reasons:
  - Study design-ineligible = 1
  - Intervention-ineligible = 2
  - Comparison-ineligible = 1
  - Outcome-ineligible = 3

# of full-text articles excluded = 119

# of studies included = 2