Records identified through database searching (n = 384)

Additional records identified through other sources (n = 0)

Records after duplicates removed (n = 287)

Records screened (n = 287)

Records excluded (n = 254)

Full-text articles assessed for eligibility (n = 33)

Studies included in synthesis (n = 9 presented in 11 papers)

Full-text articles excluded, (n = 33)
19 not adhering to eligibility criteria
(including 1 with rotator cuff pathology but no SIS and 1 with instability and SIS).
3 Non English Language papers