Figure 1

Assessment Protocol

SCREENING

Screening Interview for general inclusion/exclusion criteria
MRI/clinical evaluation to identify cervical radiculopathy group

Subjective assessment
Completion of body chart diagrams
Physical Examination Part A to screen cervical spine and upper limb for specific disorders and identify study groups

ALLOCATION TO STUDY GROUPS

Exclude Other Specific Upper Limb Disorders

NSAP
Cervical Radiculopathy
Controls

DATA COLLECTION

Physical Examination Part B
Clinical Neurological Examination
- Reflexes, Myotomes, Dermatomes
- Assessment for hyperalgesia and allodynia

Neural Tissue Provocation Tests
- Upper limb neurodynamic test 1
- Upper limb nerve palpation

QST assessment
Thermal detection and pain thresholds
Vibration detection thresholds
Pressure pain thresholds

Pain Questionnaires
Short Form McGill
LANSS, DASH, SF-36
Tampa Scale of Kinesiophobia