Assessed for eligibility n = 498

Excluded* before randomization n = 456

Randomized n = 42

Assessed for eligibility n = 498

Excluded* before randomization n = 456

Randomized n = 42

Allocated to individually tailored treatment - Internet (experimental) n = 14
Received intervention n = 13
Present in treatment n = 1

Allocated to individually tailored treatment - Face-to face (experimental) n = 15
Received intervention n = 14
Present in treatment n = 0

Did not receive intervention n = 1
Reasons:
- psychosocial situation n = 1

Allocated to individually tailored treatment - Internet (experimental) n = 14
Received intervention n = 13
Present in treatment n = 1

Allocated to individually tailored treatment - Face-to face (experimental) n = 15
Received intervention n = 14
Present in treatment n = 0

Did not receive intervention n = 1
Reasons:
- psychosocial situation n = 1

Allocated to individually tailored treatment - Internet (experimental) n = 14
Received intervention n = 13
Present in treatment n = 1

Allocated to individually tailored treatment - Face-to face (experimental) n = 15
Received intervention n = 14
Present in treatment n = 0

Did not receive intervention n = 1
Reasons:
- psychosocial situation n = 1

Pre-treatment analysis Completers n = 11

Post-treatment Completers n = 11

3-month follow-up Completers n = 11
6-24 month follow-up

Pre-treatment analysis Completers n = 13
Present in treatment n = 1

Post-treatment Completers n = 13

3-month follow-up Completers n = 11
6-24 month follow-up

Pre-treatment analysis Completers n = 14

Post-treatment Completers n = 14

3-month follow-up Completers n = 13
6-24 month follow-up

* Reasons for exclusion: no answer, no symptoms after accident, > 65 years, < 18 years, pain-symptoms other than from the neck after accident, ongoing pain before accident, ongoing physiotherapy-/naprapath- or chiropractic-treatment, other language than Swedish.