Measurement of activity levels (1 week) with an activity monitor, recall diary and questionnaire

Recruitment of ~ 120 acute low back pain patients attending physiotherapy

Estimated data loss

Exclude those with incomplete data sets ~ 10-15%

*†Baseline

Measurement of activity levels (1 week) with an activity monitor, recall diary and questionnaire

Exclude those with incomplete data sets and loss to follow up ~ 15-20%

*3 Months

Measurement of activity levels (1 week) with an activity monitor, recall diary and questionnaire

*1 Year

Estimate 60-80 patients

Measurement of activity levels (1 week) with an activity questionnaire

Exclude those with incomplete data sets and loss to follow up ~ 10-15%

Timeline

* At each time point data on low back pain and functional recovery will be collected
† At baseline data on occupational, psychological and behavioural factors collected