General Practitioners

- Referred patients (n=24)
  - Exclusion (n=4)
  - Low headache frequency (n=2), no combination of headache and neck pain (n=1), PT in last year (n=2), Medication changed during last 3 month (n=3), cluster headache (n=1) and combinations of the abovementioned

  Retained n=20

Flyering/Internet

- Hits site: +/- 1900
- Referred patients (n=39)
  - Exclusion (n=23)
  - Low HIT-6 score (n=5), PT in last year (n=9), History of neck surgery (n=2), arthritis (n=2), no combination of headache and neck pain (n=4), no active help request (n=1), and combinations of the abovementioned

  Retained n=16

Outpatient Neurology Clinics

- Referred patients
  - Exclusion
    - Not Dutch-speaking (n=1), Unwilling to participate (n=2)

  Retained n=1

Randomised = 37

UC group

- Allocated to intervention (n=19)
  - Received allocated intervention (n=18)
  - Did not receive allocated intervention (n=1)
  - Reasons: preferred auto medication (n=1)

Alloyation

UCMT group

- Allocated to intervention (n=18)
  - Received allocated intervention (n=10)
  - Did not receive allocated intervention (n=8)
  - Reasons: discouraged by physician to participate (n=2), lack of time (n=3), transport problems (n=2), previous negative experience (n=1)

Lost to follow-up

UC group

- Week 7 (n=1)
- Week 12 (n=1)
- Week 26 (n=6)
- Reasons: no specific information obtained
- Discontinued intervention: (n=0)

Analysis

UCMT group

- Week 7 (n=4)
- Week 12 (n=4)
- Week 26 (n=4)
- Give reasons: no specific information obtained
- Discontinued intervention: (n=0)

Analysis

UC group

- Analyzed
  - Week 7 (n=18)
  - Week 12 (n=18)
  - Week 26 (n=13)
  - Excluded from analysis (n=0)

UCMT group

- Analyzed
  - Week 7 (n=14)
  - Week 12 (n=14)
  - Week 26 (n=14)
  - Excluded from analysis (n=0)