<table>
<thead>
<tr>
<th>Disease related:</th>
<th>Symptom related:</th>
</tr>
</thead>
<tbody>
<tr>
<td>What is pneumonia?</td>
<td>What causes the pain?</td>
</tr>
<tr>
<td>What causes pneumonia?</td>
<td>Why was I so breathless?</td>
</tr>
<tr>
<td>Is pleurisy the same as pneumonia?</td>
<td>Why am I still so tired?</td>
</tr>
</tbody>
</table>

**Implications for the Future and Managing Recovery:**

How long will it take for tiredness to go away?

What can I do to build up my strength and reduce my tiredness?

What am I allowed to do/ what should I avoid doing?

How much should I rest?

When should I go back to my GP, should I go back if I still have the cough?

What do I do now, do I need to go back for a check up, do I see my GP?

They told me I need an X-ray – will they send out the appointment?

If I have had it once – does that mean I will likely get it again, be more susceptible to it?

How do I avoid it in the future?

Is there a risk that I might spread this to other people in the household?

Is pneumonia the start of a longer term disease process?