Eligibility
- COPD
- Completed PRP

Excluded
- Not meeting inclusion criteria
- Refused to participate
- Required oxygen to exercise
- Musculo-skeletal, neurological or cardiac disease limiting exercise

Randomised

Maintenance Exercise Group (ME)
- Supervised, hospital-based exercise, 1x/wk
- Unsupervised home exercise, 4x/wk
- Exercise diary

Control Group (C)
- Unsupervised home exercise, 5x/wk
- Exercise diary

Enrolment

Allocation

Follow-up
- Baseline, 3, 6, 12 months post PRP

Analysis
- Analysed 12 months post PRP
- Intention to treat analysis

Analysed 12 months post PRP
- Intention to treat analysis