Records identified through searching MEDLINE, EMBASE, CINAHL Plus, PsycINFO, IPA, CENTRAL and PubMed (N = 2,387)

Additional records identified through other sources (N = 18)

Results combined and duplicates removed (N = 1,717)

Records excluded due to irrelevant titles or abstracts (N = 1,461)

Records included after screening of title and abstract (N = 256)

Abstracts excluded (N = 247)
Reason:
- Population not meeting inclusion criteria (N = 33)
- Pharmacological intervention only (N = 22)
- Review, editorial, protocol or case report (N = 95)
- Study design or study objectives not meeting inclusion criteria (N = 97)

Full-text articles assessed for eligibility (N = 9)

Full-text articles excluded (N = 6)
Reason:
- Narrative Review (N = 1)
- Study design or study objectives not meeting inclusion criteria (N = 5)

Studies included in final review and qualitative synthesis (N = 3)