General advice for all COPD patients:
- Discuss the importance of smoking cessation and give information about it.
- Give information about COPD.
- Monitor weight. BMI should be between 21 and 30 (21-25 is optimal).

General advice as above:
- Provide smoking cessation program.
- Evaluation medication (1 long acting bronchodilator) and inhalation technique.

General advice as above, special attention to weight monitoring:
- Tips to optimization physical condition.

General advice as above:
- Discuss mental problems.

General advice as above + smoking cessation:
- Evaluation medication (2 long acting bronchodilators).
- Breathing exercises guided by physiotherapist.

General advice as above, especially weight:
- Optimization physical condition by physiotherapist.

General advice as above:
- In case of depression/anxiety treat according to NHG-standaard.
- In case of anxiety: refer to psychosocial therapist for breathing exercises.

General advice as above + smoking cessation:
- Evaluation medication (>2 exacerbations/yr → add inhaled corticosteroid (NHG)).
- Breathing exercises guided by physiotherapist.

Pulmonary rehabilitation program.

General advice as above:
- As before (treat according to NHG and consider breathing exercises). Also refer to psychologist/psychiatrist.