Recruitment of GP practices → Selection of eligible participants based on the in- and exclusion criteria → Participant information letter informed consent → Baseline visit: Demographics COPD specific information CCQ additional questionnaires spirometry BMI, 6 minute walk test → Randomization → Experimental Group: CCQ guided → Follow-up visit: CCQ additional questionnaires COPD specific information spirometry → Control Group: Usual Care → One year visit: Demographics COPD specific information CCQ additional questionnaires spirometry BMI, 6 minute walk test → Follow-up visit: CCQ additional questionnaires spirometry BMI, 6 minute walk test → Final visit: Demographics COPD specific information CCQ additional questionnaires spirometry BMI, 6 minute walk test

Time (months)

0 → 4 → 8 → 12 → 16 → 20 → 24

Treatment Group: dependent advice to GP < one week after each visit

Compliance check to be sent back to the researchers