Assessed for eligibility
N = 1500

Excluded
N = 228
- Criteria not met n = 43
- Opted out n = 183
- Opt out undelivered n = 2

Randomised
N = 1272

Allocated to receive the informed choice invitation
N = 633

Allocated to receive the standard invitation
N = 639

Sent invitation:

Take a RBG test

Primary outcome: Attendance

Arrive at appointment

Complete a questionnaire

Secondary outcome: Intention to change lifestyle if diabetes were diagnosed

Other outcomes: SES, worry about diabetes, expected results, ZTPI

Take an FBG test

Within 7 days

Normal result
Give health promotion information

Positive result
FBG appointment offered

Did not attend

Send non-attender questionnaire

Other outcome: intention to change lifestyle

Other measures: SES, worry about diabetes, ZTPI, decision satisfaction

4 weeks later

Send time 2 questionnaire

Other outcome: intention to change lifestyle

Other measures: decision satisfaction, perceived impact of results on diabetes status

Randomised
N = 1272

* Zimbarbo Time Perspective Inventory (short form)