Figure 2: ALGORITHM OF THE STUDY:

Target population

Persons ≥ 14 years of age who, for whatever reason, consult a family physician/nurse at a primary-care center (PCC) within a specific recruitment period, and who respond in the affirmative to the question: Do you smoke?

Exclusion criteria:
- Terminal illnesses
- Severe psychiatric disorders
- Addiction to other psychoactive substances

Informed consent

ENTER STUDY

Randomization by basic health-care unit (BHU)

INTERVENTION
25 individuals/BHU

Training of health-care professionals

Determine the stage-of-change
Update the stage

Follow-up
6 months
Measure CO, stage-of-change, SF-36

1st year:
Measure CO, stage-of-change, SF-36

2nd year:
Measure CO, stage-of-change, SF-36

CONTROL
25 individuals/BHU

Standard/normal care

Follow-up
6 months
Measure CO, stage-of-change, SF-36

1st year:
Measure CO, stage-of-change, SF-36

2nd year:
Measure CO, stage-of-change, SF-36