Recruitment population (adolescents 18-25 who visit PHS*, GP** or various websites)

Excluded:
- Prominent Axis I/II comorbidity
- Severe relation problems
- Sexual problems are due to disease, medication and/or physical problems

Eligible subjects; N=450

Randomize

Brief sex counselling (3 sessions); N=150

Intensive sexological treatment (10 sessions); N=150

Waiting list period (12 weeks); N=150

After waiting period enrolment in one of the two treatment options

6 month follow-up for primary endpoints