Patients of both genders aged ≥40 years of age, recorded as having COPD, receiving attention in the PCC or at home, who have had at least one clinical visit for COPD management, and who provide written informed consent to participation in the study.

Exclusion criteria: Psychiatric disturbances, severe visual or auditory impairment, asthma, tuberculosis or other chronic respiratory pathologies, or any end-stage disease, or not having access to a telephone.

Informed consent

Enter study

Assignment performed by basic health-care unit (BHU)

INTERVENTION
Individual/BHU [9PCC]

Information feed-back to the health-care professionals generated from the clinical history and from the patient interview.

Training provided to the health-care professionals based on a course of 20h in which the aspects considered are: CPG, motivational interview, treatment of the tobacco habit, correct use of inhalers, diets, physical exercise, physiotherapy

Implementation in the PCC of the health-education program to patients with COPD by those who have received the training

Follow-up 12 months

-Information feed-back to the health-care professionals (clinician and nurse) generated from the clinical history and from the patient interview

CONTROL
Individual/BHU [12PCC]

Standard/normal care

Follow-up 12 months

-Information feed-back to the health-care professionals (clinician and nurse) generated from the clinical history and from the patient interview