OVERWEIGHT & OBESE ADOLESCENTS

SCREENING

EVASYON Inclusion criteria

YES

Pilot Study in each hospital

PILOT GROUP (N=6)

Intervention Study in each hospital

GROUP I (N=10)
GROUP II (N=10)
GROUP III (N=10)
GROUP IV (N=10)

TREATMENT PROGRAMME (13 months)

Stage 1: INTENSIVE INTERVENTION (1st-9th visit)
1 visit weekly (2 months)

Stage 2: EXTENSIVE INTERVENTION (10th-20th visit)
1 visit monthly (11 months)

RECRUITMENT IN HOSPITALS FROM THE SPANISH HEALTH CARE SERVICE

Pediatric Unit

NO

GROUP I (N≤10)
GROUP II (N≤10)
GROUP III (N≤10)
GROUP IV (N≤10)