Metabolic Syndrome Glucose Waist circumference Blood pressure Triglycerides HDL

Women: HDL - 82.3% Triglycerides - 33.7% Blood pressure - 14.0% Waist circumference - 17.5% Glucose - 9.7% Metabolic Syndrome - 21.8%

Men: HDL - 63.2% Triglycerides - 33.7% Blood pressure - 33.8% Waist circumference - 51.5% Glucose - 19.5% Metabolic Syndrome - 25.3%

Women ▶ Men

Graph showing the percentage of women and men affected by metabolic syndrome components.