Referral of patients, inclusion criteria:
• Between 18 and 65 years
• Being able to speak, read and write Dutch
• UPS at least 6 months

Informed consent of patients:
• Interview to inform patient about study
• Signed informed consent

Assessment of eligibility:
• SCID I: -undifferentiated somatoform disorder or
  -pain disorder
Assessment of personality:
• VKP

Baseline outcome measurement

Randomization

Group training
Dropout: • Losses
Outcome measurement
Follow-up measurement I
3 months after training
Follow-up measurement II
12 months after training

Waiting list
Outcome measurement

Follow-up measurement I
3 months after training
Follow-up measurement II
12 months after training

 Dropout: • Losses
 Dropout: • Ineligibility