Randomization in randomized clinical trial (n=333)

Intervention group (n=166)
- Eligible to participate in process evaluation
  - Withdrawn from RCT (n=27)
    - Died (n=2)
    - Refused to continue participation (n=8)
    - Health problems (n=12)
    - Other reasons (n=5)
  - Did not undergo any assessment (n=1)
    - Problems with scheduling (n=1)

Control group (n=167)
- Not eligible to participate in process evaluation

Underwent at least one of the two assessments (n=138)
- Both assessments (n=120)
- Medical assessment (n=10)
- Occupational therapy assessment (n=8)

Received and filled out a self-administered evaluation questionnaire immediately after the medical assessment (n=130)
- Withdrawn (n=13)
  - Died (n=2)
  - Refused to continue participation (n=6)
  - Health problems (n=3)
  - Other reasons (n=2)

Contacted for a structured interview by telephone to evaluate the programme (n=125)
- Could not be contacted (n=2)

Underwent a structured interview by telephone to evaluate the programme (n=123)