Assessment of eligibility:
HbA1c ≥ 7.0% and/or BMI ≥ 27.0 kg/m² and/or patient smokes

Written informed consent
Baseline measurement

Block randomisation within GP

Control group: managed diabetes care

Follow-up 1
6 months after randomisation

Follow-up 2
12 months after randomisation

Intervention group: managed diabetes care plus cognitive behavioural therapy

Follow-up 1
6 months after randomisation

Follow-up 2
12 months after randomisation

Patient ≤ 75 year old from selected general practices (n=13), participating in diabetes care system

Not eligible

No informed consent