1- Today, if you wanted to consult a health professional for psychological difficulties or behavioral problems, who would you go to first?

2- Today, if you wanted to consult a health professional for psychological difficulties or behavioral problems, who would you like to ensure follow-up care?

3- Today, if you wanted to go into psychotherapy, who would you see?

In the second question, follow-up refers to regular meetings over a long period, with no notion of psychotherapy. For each question, subjects could answer freely and if they had no idea, a list of health care providers (including family and friends) was given to them.

The other six questions were simple questions answered by “yes”, “no” or “I don’t know”:

4- If your GP suggested you see a mental health professional (psychologist, psychiatrist or other psychotherapist) for advice or follow-up, would you take his advice?

5- If you had psychological symptoms or difficulties, and if your GP suggested you take a pharmaceutical treatment (such as antidepressants, tranquilizers, anti-psychotic drugs), would you take it?

6- If you were to go for follow-up for psychological symptoms or difficulties, would you consult the person your GP refers you to?

7- Does your GP work together with mental health professionals (psychologists, psychiatrists or other psychotherapists)?

8- Can your GP manage his patients’ psychological symptoms or difficulties alone?

9- In your opinion, is psychotherapy necessary in case of psychological difficulties or behavioral problems?