2 participants were recruited by word of mouth.

Waiting room recruitment (7 general practices)

Patients screened (n=729)

Excluded (n=100):
- Invalid fall or no fall (n=64);
- Medical exclusion (n=11);
- No English (n=2);
- Moving house (n=4);
- Out of age group (n=4);
- Response received after enrolment phase finished (n=14);
- Died prior to enrolment (n=1)

Fallen (n=214)

Decline participation (n=90)

Excluded (n=34):
- Poor cognition (n=3);
- Outside age-group (n=7);
- Moving house (n=4);
- No English (n=2);
- Nursing home (n=7);
- No valid fall (n=2);
- Medical exclusion (n=6);
- Already in pilot study (n=2);
- Other (n=1)

Agreed to participate (n=124, 58%)

Eligible participants (n=90)*

Enrolled participants (n=312)

Mail-out recruitment (18 general practices)

Letters sent to those in age group (n=2,705)

Estimated 811 (30%) have fallen

Did not reply (n=425)

Declined participation (n=64)

Excluded (n=100):
- Invalid fall or no fall (n=64);
- Medical exclusion (n=11);
- No English (n=2);
- Moving house (n=4);
- Out of age group (n=4);
- Response received after enrolment phase finished (n=14);
- Died prior to enrolment (n=1)

No fall (n=515)

Agreed to participate (n=322, 40%)

Eligible participants (n=222)