Alumni who graduated between 1956 and 1991; n=3,918

Alumni who were mailed follow-up questionnaire; n=3,536

Exclusion: Died or no record of address; n=382

Alumni who returned questionnaire; n=1,385

Exclusion: Did not answer the questionnaire; n=37

Exclusion:
Alumni who graduated before 1971*; n=778
(No cardiorespiratory fitness data*)

Alumni who graduated after 1971*; n=570

Present study subjects