Patients who attend Quit Smoking Clinic assessed for eligibility

Randomized by Urn design
N= 231

Usual Care Group
N= 111

1st Month
4 counselling sessions only

2nd Month
2 counselling sessions + 2 Phone calls

3rd Month
1 counselling sessions + 2 Phone calls

Assess the abstinence rate of smoking for the last 4 weeks

Intervention Group
N= 120

1st Month
4 counselling sessions + 4 Phone calls

2nd Month
2 counselling sessions + 2 Phone calls

3rd Month
1 counselling sessions + 2 Phone calls

6th Month
Assess the abstinence rate of smoking for the last 4 weeks

Figure 1 Schematic presentation of the study design