Child health care centres (CHC) at 8 counties
N = 1007 nurses

Nurses consented
(N = 129)

1:1 Randomisation

Parents coming to CHC (N = 1013)

Intervention arm
(N = 31)
Active nurses
(N = 43)

Control arm
(N = 28)
Active nurses
(N = 44)

Eligibility Criteria for Parents:
First time mothers, Swedish speaking, no serious social problems (N = 1867)

Not consented
(N = 277)
Consented
(N = 601)

Not consented
(N = 221)
Consented
(N = 768)

Baseline
(N = 489)
Baseline
(N = 550)