Assessed for inclusion (n=238)

Not meeting inclusion criteria (n=70)
- Non Indigenous (n=4)
- Unable to consent (n=1)
- Unwilling to consent (n=65)

Randomised (n=168)

Allocated to Usual Care (n=110)
- Discontinued study (n=2)
  - Deceased (n=1)
  - Withdrew consent (n=1)
- Analysed 6 months (n=64/108)
  - Temporary lost to follow up (n=39)
  - Permanent lost to follow up (n=5)
- Analysed 12 months (n=95/108)
  - Lost to follow-up (n=13)

Allocated to Intervention (n=58)
- Discontinued study (n=3)
  - Deceased (n=3)
  - Withdrew consent (n=0)
- Analysed 6 months (n=33/55)
  - Temporary lost to follow up (n=17)
  - Permanent lost to follow up (n=5)
- Analysed 12 months (n=49/55)
  - Lost to follow-up (n=6)