Figure 1: Diagram showing flow of participants through the study

Screening population
(n=685)

Excluded (n=388)
Wanted screening only (n=100)
Time commitment (n=33)
Diagnosed with diabetes (n=200)
Not meeting inclusion criteria (n=55)

Eligible for study
(n=297)

Withdraw (n=29)
Refused to give written consent (n=5)
Not contactable (n=14)
Work conflict (n=10)

Participated in the study
(n=268)
Figure 2: Mean score in Physical Component Summary (PCS) and Mental Component Summary (MCS) stratified by status of physical activity versus Body Mass Index (BMI) categories

Notes: * Data were adjusted for age and co-morbidities