177 schools

37 participating schools (21%)
n=2165 6th graders

Cluster randomisation

INTERVENTION
12 schools: n=784
consent: n=566 (72%)

BASELINE (BL)
Adolescents, questionnaire: n=553 (71%)
body measure: n=527 (67%)

Parents
Mothers: n=460
Fathers: n=392

20 MONTH POST-INTERVENTION (PI)
Adolescents, questionnaire: n=518 (66%)
Participated BL & PI: n=510

Parents
Mothers: n=246
Participated BL & PI: n=244
Fathers: n=201
Participated BL & PI: n=199

CONTROL
25 schools: n=1381
consent: n=1014 (73%)

BASELINE (BL)
Adolescents, questionnaire: n=975 (71%)
body measure: n=958 (69%)

Parents
Mothers: n=800
Fathers: n=676

20 MONTH POST-INTERVENTION (PI)
Adolescents, questionnaire: n=945 (68%)
Participated BL & PI: n=908

Parents
Mothers: n=603
Participated BL & PI: n=591
Fathers: n=479
Participated BL & PI: n=469