Barriers for delivery:
- Forgetting about the Boost delivery (not yet a routine)
- Responsibilities of suppliers versus schools unclear to suppliers
- Requested delivery time an delivery size inconvenient to FV suppliers
- Difficulties in ordering the requested FV
- Distance to the schools

Facilitators for delivery:
- Branding opportunities
- Possibility to support a good cause

Barriers for implementing a FV break:
- Suppliers’ timing of FV delivery
- Lack of FV deliverance
- Time demanding practices:
  - Cutting up FV
  - Time for eating FV
  - Cleaning after the FV break
  - Restoring order in class after the FV break
- Pupils’ food games with FV
- The social dynamics of teenagers

Barriers for FV intake:
- Teachers timing of the FV break leading to FV turning brown
- Bruised FV
- Pupils throwing with FV resulting in poor FV quality and reduced FV quantity available to the pupils

Facilitators for FV intake:
- High quality, large quantity and variety of the delivered FV
- Cut up FV (if eaten before turning brown)
- Eating FV as a shared activity