Enrollment

(n=2302 students from 2 elementary schools and 2 middle schools)

Assessed for eligibility

Excluded (n=1381)
  Not meeting inclusion criteria (n=9)
  Declined to participate (n=1372)
  Other reasons (n=0)

Participants completed baseline assessments (n=921)

Allocation

Allocated to intervention (n=388)
  Received allocated intervention (n=388)
  Did not receive allocated intervention (give reasons) (n=0)

Allocated to control (n=533)
  Received no intervention Participated in usual practice (n=533)

Follow-Up

Lost to follow-up (give reasons) (n=23, school transfer, schedule conflict)
  Discontinued intervention (give reasons) (n=0)

Lost to follow-up (give reasons) (n=65, school transfer, schedule conflict)

Analysis

Analysed (intention-to-treat) (n=388)
  Excluded from analysis (give reasons) (n=0)

Analysed (intention-to-treat) (n=533)
  Excluded from analysis (give reasons) (n=0)