**Student Component**
- Engage in PE curriculum
- Student HRA journal
- Physical activity advocacy posters
- Pathways to activity directory providing information regarding local sports clubs and activities

**Teacher Component**
- PE teachers receive handbook and one day in-service workshop
- Information leaflets for ALL teaching staff
- Information session for ALL teaching staff
- A one week staff ‘pedometer challenge’

**Parent/Guardian Component**
- Information leaflets
- Information session

**Media**
Access to resources on Y-PATH website and Facebook page