Select two out of three Divisions in Mwapwa District by simple random sampling

Assess eligibility of all Villages in selected Divisions (exclude villages with on-going intervention/programme/project)

Select 18 villages (clusters) by simple random sampling

Random allocation of 18 Villages to 2 study groups

Intervention group: Nutrition education package (9 villages)
- Recruit infants (age 6 months) and their parents (N = 300)
- Baseline assessment
- 3 education & counselling sessions (mothers)
- 2 training sessions (nutrition counsellors)
- monthly home visits (mothers/families)
- 2 sensitisation meetings (families, health facility staff)
- Supervision (nutrition counsellors)
- Routine monthly health education (government policy)

Control group: Routine health education (9 villages)
- Recruit infants (age 6 months) and their parents (N = 300)
- Baseline assessment
- Routine monthly health education (government policy)

Outcome measures: Ages 9, 12, 15 months
Process evaluation: Ages 8, 15 months