Assessed for eligibility
No. of Secondary schools = 22

Excluded:
No. of secondary Schools

Randomised
Secondary school (N = 10)

Intervention
Allocated to intervention
No. Schools = 5
No. Health and Physical Education Staff = 25
No. Students = 300

Participation in data collection
No. Schools = 5
No. Health and Physical Education Staff = 25
No. Students = 195

Participation in data collection
No. Schools = 5
No. Health and Physical Education = 25
No. Students = 195 (65% retained)

Control
Allocated to control
No. Schools = 5
No. Health and Physical Education Staff = 25
No. Students =300

Allocation
Baseline
Year 7 Term 1-2, 2012

Allocation
12 month follow-up
Mid-point
Year 8 Term 1-2, 2013

Allocation
24 month follow-up
Final data collection
Year 9 Term 1-2, 2014

Participation in data collection
No. Schools = 5
No. Health and Physical Education Staff = 25
No. Students = 195

Participation in data collection
No. Schools = 5
No. Health and Physical Education Staff = 25
No. Students = 195 (65% retained)