I. Weight Gain Study  

1. Screening  
   n=202  
   - Group A  
     - Baseline  
     - Tx  
     - 1st follow-up  
       n=85  
     - 2nd follow-up  
       n=74  
   - Group B  
     - Baseline  
     - Tx  
     - 1st follow-up  
       n=79  
     - 2nd follow-up  
       n=70  

II. One-group pretest-posttest  

1. Screening  
   n=179  
   - Baseline  
   - Tx  
   - 1st follow-up  
     n=145*  

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1. Clinical dental examination  
2. Anthropometric and OHRQoL data  
* 10 excluded due to missing data (2 in Group A, 8 in Group B)