1720 assessed for eligibility

832 eligible

211 t0 measure

205 randomly allocated

68 Internet Therapy (IT)
48 received allocated intervention
44 completed t1 (3 mo)
41 completed t2 (6 mo)
68 in ITT analysis

68 Internet Self-help (IS)
57 received allocated intervention
48 completed t1 (3 mo)
39 completed t2 (6 mo)
68 in ITT analysis

69 waiting list control (WL)
35 received IT intervention after t1 measure
51 completed t1 (3 mo)
42 completed t2 (6 mo)
69 in ITT analysis

888 ineligible
236 severe co-morbidity
218 alcohol consumption < 14 u/wk
202 prior addiction treatment
106 substantial drug use
35 AUDIT composite score < 8
13 no internet connection at home
9 age <18 or >64
69 other reasons

6 withdrew from study after t0 measure