131 (72.8%) Completed 6-month assessment
114 (63.3%) Completed 12-month assessment
112 (62.2%) Completed 18-month assessment

141 (76.2%) Completed 6-month assessment
139 (75.1%) Completed 12-month assessment

166 (89.7%) Completed 24-month assessment
133 (71.9%) Completed 18-month assessment

148 (82.2%) Completed 24-month assessment

185 Randomized Usual Care Group
180 Randomized Intervention Group

1540 Excluded
530 BMI <30 or >50
395 language
168 medication(s)
101 med/psych disease
95 not approved by PCP
88 no HTN
25 weight loss >5%
138 other exclusion
130 Refused
454 Never reached

2631 Potentially eligible identified through EMR or referral

860 Patients pass additional screening; Intro letters mailed

507 Completed phone screening

365 Randomized

7 Potential primary care settings
4 Settings excluded (no EMR/automated scheduling system)

0 Settings declined

3 Eligible settings

2453 Eligible settings

4197 screening calls made to potentially eligible patients

109 Missed appointment
33 Excluded
28 No HTN medications
5 Measured BMI < 30

130 Refused
454 Never reached

185 Randomized Usual Care Group
180 Randomized Intervention Group

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Non-English or Spanish speakers
Chronic use of medications likely to cause weight gain or prevent weight loss
Participants excluded due to a serious medical condition or psychiatric condition

Potential primary care settings
Eligible settings
Settings excluded
Settings declined