Screening (PHQ-9 / CIS-20)

Diagnostic interview / Checklist

Baseline Measurements

Randomization

**Control group**

Usual Care

- T1 Follow-up = T0 + 110 days

- T2 Follow-up
  - T2 = T1 + 6 Months
  - (T2 = T0 + 290 days)

- T3 Follow-up
  - T3 = T2 + 6 months
  - (T3 = T0 + 470 days)

**Intervention group**

Minimal Psychological Intervention

- T1 Follow-up
  - = immediately after ending intervention

- T2 Follow-up
  - T2 = T1 + 6 months

- T3 Follow-up
  - T3 = T2 + 6 months