Participant Selection
- Malnourished frail persons
  - Buddies

Eligibility Screening

Consent

Randomization

Intervention
- Malnourished frail persons
  (n=40)
- Buddies
  (n=40)

Control
- Malnourished frail persons
  (n=40)
- Buddies
  (n=40)

First assessment (AP1)

10-12 weeks assessment (AP2)

6 months follow up (AP3)

12 months follow up (AP4)