The graph shows the HbA1c levels (%) across different smoking statuses:

- **Non-smoker**: HbA1c level of approximately 5.3%
- **Ex-smoker occasionally**: HbA1c level of approximately 5.3%
- **Ex-smoker regularly**: HbA1c level of approximately 5.35%
- **Current smoker**: HbA1c level of approximately 5.4%

The trend indicates a slight increase in HbA1c levels with more frequent smoking.