Targeted recruitment in 24 locations

Minimum 1 Peer Leader per Location
Minimum 10 Participants per Location

Baseline Measures

Diabetes Self-Management Education

Randomisation of locations, stratified by health region with block size equal to the number of locations per region

INTERVENTION ARM

SUPPORTERS

Peer Supporter training

PARTICIPANTS

Intervention
12 monthly meetings
Participant resources
Regular assistance & guidance for peer supporters

CONTROL ARM

PARTICIPANTS

Control
Usual Care

LEADERS

6 and 12 Month Measurements