Records identified through database searching (n = 92 548) → Additional records identified through other sources (n = 48) → Records after duplicates removed (n = 64 391) → Records screened (n = 64 391) → Records excluded (n = 64 046) → Full-text articles assessed for eligibility (n = 346) → Full-text articles excluded (n = 341) → Studies included in synthesis (n = 5) → 4 Randomized controlled trials 1 Interrupted time series analysis


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